## PRP Platelet Rich Plasma

PRP offers a natural way to restore and rejuvenate your skin.

PRP is derived from your own blood by centrifuge and extracting the rich plasma to inject or infuse back into your dermal layer.

Blood is taken in the same way as a blood test is done. It is then spun down and the right plasma layer removed, ready to be infused back into your skin.

This stimulates your collagen and elastin through stem cells and growth rich platelets.

This process can provide benefit in:

- Reducing fine lines and wrinkles
- Improving skin texture and firmness
- Plumping up the dermis to minimise pores and deeper set wrinkles

Treatments are usually performed at 4 to 6 week intervals for 3 or 4 cycles.

## **Dr Cath Donaldson**

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